Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30A	POWER HOUR Tanya	Body Sculpt Shawn		Body Sculpt Shawn		All Saturday Classes 10AM
5:30 A		**Spin (Renfrow) Tanya**		**Spin (Renfrow) Tanya**		
9:00A	**Advanced water Aerobics Susie**	**Advanced water Aerobics Tonya**	**Advanced water Aerobics** Susie	**Advanced water Aerobics Tonya**	**Advanced water Aerobics Steffi**	
9:00A	**Pilates-Kimberly**		**Pilates Kimberly**		**Pilates-Kimberly**	6/3 **Water Aerobics Tonya**
9:00A	The Silver Sneakers Fitness Program Shawn 9:15AM	The Silver Sneakers Fitness Program Susie	The Silver Sneakers Fitness Program Shawn 9:15AM			
10:00A	REFIT REVOLUTIONIZING FITNESS **REFIT DANCE Susie**	REFIT REVOLUTIONIZING FITNESS **REFIT DANCE SUSIE**	REFIT REVOLUTIONIZING FITNESS **REFIT DANCE Susie**	**Group Orientation Susie**	REFIT REVOLUTIONIZING FITNESS **REFIT DANCE Susie**	
1015A	Water Tone and Abs-Tonya	Water tone and Abs -Tonya	Water Tone and Abs-Tonya	Water Tone and Abs -Steffi	Water Tone and Abs-Kayla	6/10 **Power Hour Tanya**
11:00A					Senior Fit Shawn	
11:15 A	Senior Swim Debbie	Senior Swim Shawn	Senior Swim Debbie	Senior Swim Debbie	Senior Swim Debbie	
12:15p			**SUMMER TABATA SUSIE**			
3:00P	Senior Fit-Shawn		Senior Fit-Shawn		Senior Fit-Shawn	6/17 **WATER AEROBICS Tonya**
4:30P						
4:30P	REFIT REVOLUTIONIZING FITNESS **REFIT DANCE Susie**	**TABATA Training Susie**	PiYO LIVE Kimberly	Body Sculpt Shawn	Body Sculpt Shawn	
5:30P	POWER HOUR Tanya	WORK-IT CIRCUIT Circuit -Tanya		**TABATA Training** Tanya		6/24 **BODY SCULPT Shawn**
5:30p	**Water Aerobics - Kayla**	**Water Aerobics - Tonya**	Spin-Tanya	**Water Aerobics - Steffi**	Spin-Tanya	
5:30P	Body Sculpt **Shawn @Fernwood Glendale rd location**	**Group Orientation Susie**	Body Sculpt Shawn			
5:30p&6:30p	**KidsFit-Courtney**	**KidsFit-Courtney**		**KidsFit-Courtney**		
6:30P	Cardio Kickboxing-Tanya	Spin-Tanya				
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